

Another Old-timer Passes On In Person of N. N. Fluvog

End Came Exactly One Year After Death of Mrs. Fluvog,
Who Died on October 25, 1932 — Profusion
of Flowers at Funeral in Irma Cemetery

It is with sincere regret that we have this week to record the passing of one of our beloved old-timers in the person of Nickolas Nelson Fluvog, who departed this life on Wednesday, October 26th, just exactly one year after the death of Mrs. Fluvog who died on October 25, 1932.

Mr. Fluvog, who had been enjoying fairly good health, attended the bazaar in aid of the Sharon Lutheran church on Saturday, October 21st, and again on Sunday, October 23rd, at-

tended divine service in the church in the erection of which he had been an ardent worker, took to his bed in the early part of the week and finally passed peacefully away on Wednesday morning at 7 o'clock.

Mr. Fluvog, or Nick, as he was more familiarly known to all his friends and acquaintances in the district was born in Fluvog, Sonmore, Norway, on December 14th, 1864 and with the hardy pioneer spirit which he possessed, he left his native land when quite a young man to seek his for-

tune in a new country and migrated to the U.S. where he resided for a considerable period.

The love of his friends and country no doubt called him for he returned to Norway and was there united in marriage to Miss Gena Johnson, of Homiensvåg, where they resided for ten years. The spirit of adventure and new land again appealed to him for in the year 1910 he sailed for Canada and settled in the Irma district where he built up a home for himself and family and where he has since resided.

Besides his many friends and acquaintances, he leaves to mourn his loss: two daughters, Dicka (Mrs. Hollinger), and Nanny, and two sons, Norman and Sigurd, and three sisters, Mrs. A. Fluvog, of Barton, N. Dakota; Mr. N. Halsen, and Mrs. Homniensvåg, both in Norway.

Rev. Mr. Saugen, present minister of the Lutheran church, assisted by Rev. Mr. Braa, a former minister, conducted the funeral service, which was held in the home. Both gentlemen spoke of the high esteem in which deceased was held. Mr. Braa compared the life of Mr. Fluvog to the life of Joshua as being unselfish, honest and always willing to give helping hand in time of need and trouble.

Although the weather was stormy, the house was filled to overflowing with sorrowing relatives and friends who came from far and near to pay their last sad office of respect to a beloved father and a dear friend.

The same six old-time friends of deceased who but one year ago bore the body of Mrs. Fluvog, acted as pall-bearers: M. O. Larson, R. A. Larson, Olaf Larson, Joe Gulbraa, John Gulbraa and Oscar Steffanson.

At the request of Mr. Fluvog many friends instead of buying flowers, donated money in aid of Sharon Lutheran church missions, while still a good number of beautiful floral tributes surrounded the casket amongst them the family pillow, Mr. and Mrs. E. Erickson, Mr. and Mrs. S. Nelson; Mr. and Mrs. M. O. Larson; Mr. and Mrs. Olaf Larson; Mr. and Mrs. R. Knudsen; Mr. and Mrs. Joe Gulbraa; Mr. and Mrs. M. Knudson; Mr. and Mrs. O. Steffanson; Mr. J. B. Gulbraa; Mr. and Mrs. N. Fuder; Mr. Berns Eavet; Mr. and Mrs. Olaf Lovig and family; Mr. and Mrs. R.

UNITED CHURCH NOTES

Services next Sunday at Albert, Alma Mater and Irma. The sermon topic will be "A Conqueror Who Refused to Be King."

Members of the L.O.B.A. and the Loyal Orange Lodge will worship with us next Sunday evening. Literature in connection with the Oxford Group Movement has been received and may be obtained from Rev. J. R. Geeson at nominal cost.

The anniversary services will be held on Sunday, November 12th. We shall have the unusual privilege of hearing the Rev. C. Endicott, D.D., of Saskatoon. Those who heard him two or three years ago certainly will not miss hearing him again. A most hearty invitation is extended to all. On Monday will be the usual supper and entertainment and we ask the cooperation of all to make this occasion a great success. The church is most urgently in need of generous support.

H. E. Spencer to Speak

At Crescent Hill
On Wednesday, November 8th, Mr. H. E. Spencer, member for Battle River, will speak at Crescent Hill school house at 8 p.m. The members of the U.F.A. would like to have a capacity house for the occasion so a cordial invitation is extended to all interested.

A. Larson; Mr. and Mrs. Pete Spring; Alfred Hagen; Dan Larson; John Peterson; Mr. and Mrs. Geo. Peace and family; students of Lutheran College, Camrose; Sharon's Ladies Aid; Mr. and Mrs. Fred Knudson; Mr. H. Christenson and mother; Mr. and Mrs. R. Fuder and Clifford; Mr. and Mrs. A. Christenson and family; Melbrae community; Mr. and Mrs. R. Kasten and Mr. H. Kasten; Mr. and Mrs. M. Reitars and Hattie Erickson; Mr. and Mrs. Mawer; Mr. and Mrs. J. Fletcher; Mr. and Mrs. W. N. Frickelton; Mr. and Mrs. L. Satter; Mr. and Mrs. C. Jackson; Mr. and Mrs. J. McDonald; Foxwell & Johnson.

After the service interment was made in the family plot in the Irma cemetery where Mr. Fluvog was laid to rest beside the graves of his wife and son.

Review of Western Markets

Cattle

BEEF—Trade at Edmonton on dray order. Quotations showing steady with last week. Choice heavy steers \$2.25@2.50; choice light \$2.50@3; good from \$2.25@2.50; medium \$1.50@2; common from \$1@1.50; Choice heifers made \$2.50@2.75, with good sorts from \$2@2.25. Choice cows sold at \$1.50; good \$1.25@1.50; medium \$1@1.25; common from 75c@1; canners and cutters 50¢@75¢. Choice bulls brought \$1.25, with the medium kinds \$1.15@1.25, and canners from 50 cents up. Choice light calves from \$3.50@4.50, and common \$1.50@2.50. FEEDERS—STOCK-ERS—Trade fair in this division of the market, with feeder steers making stock heifers \$1.25@1.35, and stock cows from 75c@1.25.

Hogs

Edmonton quotations easier this week, with hogs at \$4.65; select \$5.15, and butchers \$4.15, fed and watered basis.

Sheep

Edmonton prices steady. Yearlings making \$1.50@3; ewes \$1@2, and lambs from \$2@4.

Grain

Marked strength shown at Winnipeg this week and prices made substantial gains. Support came largely from speculative interests, the upward move was rapid. Some profit-taking occurred on extreme bulges. Chicago and New York buyers provided bullish atmosphere. Quotations up over 7¢ for the week.

Cream

CREAM—Receipts somewhat lighter this week, due to colder weather. Prices unchanged: Special, 14¢; first, 12¢, and second, 9¢, at country points, with centralizers paying 2¢ higher.

Poultry—Eggs

POULTRY—Receipts lighter this week-end. Quality of birds fair, although quite a few thin lots coming on market. Trade advisers fattening before shipping. No turkeys at present wanted; few ducks offered. Demand on nearly all stocks slow. Prices: No. 1, over 5 lbs., 4¢; No. 2, 3¢; No. 1, under 5 lbs., 4¢; No. 2, 3¢; No. 1, under 5 lbs., 5¢; No. 2, 3¢; roosters, 3¢. Ducks, live, 5¢; dressed, 8¢. EGGS—Receipts very light and market practically bare of fresh supplies. Quotations show further gains this week: Extras, 24¢; Grade 1, 22¢; pullets, 18¢; second, 12¢; cracks, 8¢@10¢. Good demand prevailing. Storage stocks being moved. Direct sellers obtaining in the obtaining in the neighborhood of 35¢ per dozen delivered.

Hay—Feed Oats—Greenfeed

HAY—Carload lot trade quiet.

Girls Organize New Club And Name it 'The Ritz'

A number of girls met some time ago and organized a club. They decided to call it The Ritz Club. The club was formed as a get-together for girls and to sponsor winter sports. "Whoopie! Where's my skates!" President—Miss Winnie Taylor. Vice-Pres.—Miss Ferne Hawbet. Secy-Treas.—Miss Brenda Kitchen. Press Reporter—Miss Ester King. Mrs. Arnold and Mrs. McFarland have kindly consented to be our honorary members and to give us their support.

Our meetings are open to any ladies of the town who wish to come. We hope that we will have your cooperation.

Our first attempt to raise funds for the upkeep of this organization was a very successful masquerade dance. Our next will be a cake competition. Watch for posters.

although showing more activity since snow storm. Prices steady: Upland, 7¢; timothy, 8¢, on track at shipping point. Calgary loose hay market has limited supplies; excellent demand. Upland, loose, \$10; baled, \$10@11 per ton, delivered. FEED OATS—Slightly better trade noted this week. Receipts small; prices steady at 23¢@25¢ per bushel, delivered. GREEN—But supply limited since last Friday. FEED—Good demand for this feed. Price steady at 79¢@81¢ per ton, delivered.

Hides—Wool

HIDES—Prices eased off 1-2¢ this week as a result of further declines in eastern markets. Receipts somewhat lighter this week. No frozen skins so far, but can be expected shortly. WOOL—Offerings very limited, and believe clean-up effected. Prices steady: Coarse and medium, 8¢@9¢; fine, 9¢@10¢ per lb., delivered.

Remembrance Day Service

To Be Held in Kiefer's Hall

A Remembrance Day service will be held in Kiefer's hall, Irma, on November 11th, at 10.45 a.m.

All ex-service men and women are asked to fall in at 10.15 a.m. at the corner of 3rd avenue and Main St. Parade to hall. Medals to be worn.

Please note that on account of Remembrance Day coming on Saturday, the annual Armistice dance will be held on Friday, November 17th, at Kiefer's hall. See notices.

Poppies will be on sale at J. C. McFarland & Co., or from any member of the Comrades and Ladies' Auxiliary the previous week.

Wreaths or sprays may be ordered from the secretary, L. M. Roberts, R. 1, Irma. Price list at J. C. McFarland's.

All poppies and wreaths are made by the treatment of the public will give the generous support as they have always done.

KINSELLA KERNELS

Kinsella, Oct. 31.—Miss L. Bishop, of Vermilion, is visiting her sister, Mrs. J. Neale.

Mr. and Mrs. E. Mark and daughter, Laura, and Mr. Fred Beschell, spent a few days at Baslaw last week. Miss Lucille Mark returned home with them after spending the past two months with friends there.

Mrs. Frank Thompson and children, of Fabyan, spent the week end with her parents, Mr. and Mrs. Beschell.

Mr. A. A. Wadden spent the week end in Edmonton. Miss Ella Cormack entertained a few of her friends at her home last Friday evening.

Mr. and Mrs. Horinek and sons returned from their motor trip to Montana last Friday.

Miss Marian Watson, of Heath, spent the week end at her home here. The teachers from the school here attended the convention at Wainwright last week.

The Ladies' Aid will meet at the home of Mrs. N. S. Nease on Thursday afternoon, November 9th.

Mr. Jack Corbett and his mother, spent Sunday at Vegreville with the latter's daughter. Mrs. Corbett remained with her daughter for a visit.

Miss Kathleen Ferries returned home from Loughheed last Thursday evening.

Mr. Mead spent the week end at his home in Edgerton.

Men's Overcoat Bargain!!



WANTED...eight men
who would like a real
Overcoat Bargain.

Cambridge Coats

Made from lovely dark grey overcoating, semi-ulster style, half-lined with black Italian cloth, full drop lining of heavy blue Melton, interlined with windproof chamois; half belt back. This coat was made to sell for \$24.95. While they last, all sizes.—
Special Bargain \$20.95

Young Men's Coats

Smart ultra stylish coats, for young men, in blue, brown or grey. English drape models, close waists, smartly tailored Cambridge coats.

—Prices—

\$12.50; \$16.95; \$19.85; \$24.95.

Women's Jaeger Hose

Two nice fall shades in splendid cashmere hose for women; soft fine woven, all-cashmere yarns that are neat in appearance and very warm. Sizes 9 1-2 to 10 \$1.25

GIRL'S COATS

Three only, girls' coats that are specially priced to anyone who can use these sizes: One 10-year, and two 12-year sizes. These were regularly priced at \$7.49 to \$9.49; good cloths, neatly made, good fur trimmed, nice linings, all \$7.49

J. C. McFarland Co.

Aftermath

OVER the crimsoned field where poppies blow
A grey mist hovers like a changing wraith;
"If ye break faith . . . we shall not sleep!"
And voices bring a cry from out the mist:
"We sleep not, Comrades; do ye keep the faith?"

They gave their lives to make a better world,
Safe for the old, the helpless, and the young—
Safe for that wider brotherhood of man;
What of that victory so dearly wrung?

What is this foe with whom we keep the quarrel?
What is the conflict we must suppress?
What but the idol in the market-place—
The symbol of a nation's selfishness!

Is this remembering, that day by day
They who were with "them" falter to our doors—

Begging their humble stint of daily bread,—
The heroes—nay, the victims of our wars!

That day by day they toil the weary roads,
While little children starve, and women sigh;—
Our granaries o'erflow with golden grain!
"What say you, Comrades? Is the Torch held high?"

Far on Olympus, how the gods must laugh!
"The larks still sing; the morning comes anon;"
We hoard the golden grain—and fling the chaff!
"The poppies flourish—but our rest is gone!"

G. E. R. Shaw.

Leduc, Alberta, Dec., 1932.

Shipping Hogs
Wednesday, November 15
and November 29.

Highest Market Prices Paid

Foxwell & Johnson

PHONE No. 3

IRMA ALTA.

Insist on it



Shall There Be Peace?

The sudden and startling announcement by Germany on October 14 of her withdrawal from the disarmament conference and of her intention to resign her membership in the League of Nations, coupled with the immediate dissolution of the Reichstag and the calling of a general election to record the approval of the German people to these far-reaching and momentous decisions, threw a new note of alarm and disquietude into a world already distressed with a multiplicity of problems. For months past the leading statesmen of the world have been striving to avert another war, and to bring the nations into agreement in regard to disarmament in order, not only to ease the financial burden which such armaments impose, but to provide assurance of future peace. Germany's precipitate action endangers the success of these efforts, in many ways, were not too promising in any event.

What can Canada do to help avert such a disaster as another world war? As a matter of fact, can the people of this Dominion do anything? Nothing spectacular perhaps; nothing possibly of a direct nature. Nevertheless, neither Canada nor other nations smaller and less important in the world arena than Canada, are altogether powerless. Each and all have their influence to throw in the scale for or against war. Our own attitude towards other nations is one way in which we will convey to them our stand for war or peace. If we favor extreme nationalistic policies, then in the eyes of other nations we will be regarded in an unfriendly light, and our influence will thus be thrown in the scale of war. If, on the other hand, we steadily and consistently, and in every possible way, display goodwill towards other nations, and prove by our acts that we desire the largest and freest intercourse and co-operation with them; that we recognize their problems and are willing to help in their solution; that we take a purely selfish position in our international relationships; then, Canada will make friends, will extend existing friendships, will increase its influence with other nations, and will be in a position to do much to maintain peace and banish war.

Following the announcement of Germany's intentions, Hon. Arthur Henderson, British chairman of the world disarmament conference in what a Press correspondent at Geneva described as swift and emphatic phrase, demanded a new effort for disarmament. Mr. Henderson's words are addressed to all peoples and nations, Canada included. Giving heed to them is one way in which Canada may at this time help prevent a recurrence of war. It is important that those words should reach as many people as possible, thus we aid in the good work by passing them on to the readers of this column.

"My message to you," Mr. Henderson told a great peace delegation, "is that disarmament must go on and the League covenant must not be treated as a scrap of paper. It cost ten million dead and twenty million wounded to bring the League into being. We will not break faith with the dead who fell that there should be no more war. We will not suffer the hope that peace will be killed. We will not let the world plunge into barbarism through another world war."

"To you who represent public opinion, I would say, nail your flag to the mast of the League. Make the will to peace stronger and more steadfast than the will to war. Every task or organizing peace must spur us to further efforts. Every delay or defeat must call forth fresh resolve, stubborn and relentless energy."

"We are faced with a situation that makes it necessary to go down to fundamentals. We must think things out afresh. We must search our own hearts and consciences. We must take our stand and tell the world where we stand. The withdrawal of Germany makes it necessary to ask ourselves what it is we are trying to do in Geneva."

"What is the enterprise to which the civilized world has been committed since humanity emerged from the great terrible war in history? The answer is we are endeavoring to organize peace."

The enterprise was not confined to members of the League, he went on, but the League was the core and the basis of a collective peace system. "So long as each nation is the judge of its own rights to free arms and uses its arms as it sees fit, war is inevitable. However just its cause or good its intentions, no government can be trusted to remain loyal to the cause of peace if it flouts the collective peace system to which the world is now pledged. A country which rejects that system, whatever its intentions is inevitably encouraging its citizens to regard war as legitimate and inevitable."

Mr. Henderson's message calls for a re-affirmation by Canada of its unswerving loyalty to the League of Nations, of its determination to prevent war to the last ounce of its strength, and to promote peace in all its many manifestations.

His concise statement of the enterprise in which the civilized world has been engaged since the end of the Great War, namely, to organize peace, should impress itself on the minds of every Canadian. The need of an assured peace is what the world needs more than anything else. It is more important than banking reform, more important than the abolition of tariffs, more important than startling changes in our political, economic and social order, and it is more important because it is the absence of an assurance of peace, and the fear of war at any moment, that is the cause of the existing world depression. It is that fear of war which is the stumbling block to overcoming the depression. As until that fear is removed the depression will continue regardless of what may be in vogue.

A Lucky Man

Out-of-work and practically penniless, Leonard Large, of Auckland, N.Z., has just received word that he has been left a legacy of \$50,000, and part ownership in a private school in England. His grandfather, who was principal of a school near London, died recently and left his entire estate to Large and his uncle.

Every citizen and every foreigner visiting Germany is being registered by the police.

The hypocrite prays for something he isn't willing to work for.

New Chemical Discovery

Five years of intensive laboratory research by two University of Toronto chemists has produced chemical methods which make possible the production of sulphur from waste gases. Dr. M. C. Boswell, professor of organic chemistry, and G. P. Beal, chemist in charge of the engineering, are taking out patents on the methods.

Perfect models of every type of flying machines used in the last 20 years have just been placed on exhibition in the Royal Museum, in Edinburgh, Scotland.

Blames Faulty Thermometers

Scientist States Winter Not As Cold In North As Reported

Winter in the north country is warmer than many people believe. Tall stories of record low temperatures are due, in many cases, to faulty thermometers in the opinion of Dr. J. M. Stagg, leader of the British polar year scientists who spent 13 months at Fort Rae, North West Territories, studying weather conditions. Dr. Stagg said he and his colleagues were surprised the ground temperature was as high in winter time as they found it. He believed inaccurate instruments used in the north made the temperature appear much lower than it was actually. Lowest temperature recorded by them at Fort Rae was 40 below zero.

"PERSONS NOT FAT LIVE LONGEST"

Eminent Physician Declares

In a recent lecture before the American Academy of Medicine, a prominent physician stated that persons who aren't fat live the longest. Common sense confirms this. Insurance companies often reject overweight folks, or charge higher premiums on account of the risk. Fat crowds and weakens body organs, it slows you down and puts unnecessary strain on the heart. A host of ailments (even rheumatism, acidity, shortness of breath and lassitude) are often associated with fat. So get rid of this dangerous, unhealthy fat. There's no reason why you shouldn't, when science has given you this safe, effective treatment—a half teaspoonful of Kruschen's Salt in a glass of hot water first thing every morning. This healthful "little daily dose" of Kruschen keeps the system free from harmful toxins, it helps to re-establish normal and proper body functioning—it keeps you feeling fine and fit all the time. Energetic activity takes the place of sluggish indolence all while you lose excess fat gradually and without discomfort.

Egg Grading Change

New Plan Simplifies Grading Of Eggs

Old System. In future graded eggs will consist of "A 1," "A," "B," and "C," according to an announcement by the department of Agriculture. This simplifies the grading of eggs and displaces the old system of "Specials," "Extras," "Firsts," and "Seconds."

The words "new laid" will be used only in conjunction with grade "A 1," and the word "fresh" may be applied only to grades "A 1" and "A."

All eggs possessing the quality of grade "A" may be sold in that grade irrespective of size. However, eggs of different sizes must be packed separately with the size indicated on the container.

Storage eggs will not be permitted to be sold in a higher grade than grade "B."

Manitoba Pool Elevators

For another year the Manitoba pool elevators will retain \$300,000 owing to the Manitoba Government as working capital. An order-in-council authorizing a continuation of the credit was passed. The sum has been owing by the pool since 1931 and with it as a basis the pool will be able to borrow money from the banks to carry on its operations in 1933-34.

YOUR LIVER'S MAKING YOU FEEL OUT OF SORTS

Wake up your Liver

No Calomel needed. When you feel blue, depressed, sour on the world, that's your liver which isn't pouring its daily two pounds of liquid bile into your bowels. Digestion and assimilation are being slowed down and making you feel wretched. More bowel-movements like salts, oil, mineral waters, laxatives, easy or chewing gum, or roughage, don't go far enough. Get the liver stimulant, Carter's Little Liver Pills in the best one size. Purely vegetable. Sure. Ask for them by name. Refuse substitutes. 25c at all drug stores.

Control Milk Prices

A drive of Fraser Valley milk producers for a minimum price for their product was climaxed at a meeting of representatives from all over the valley. The following resolution was passed: "That this meeting proceed to form a Big Milk Unit for the purpose of controlling the price of fluid milk and stabilizing it at 35 cents per pound butter fat in Vancouver, New Westminster and other centres of the T.B. free area."

"There is talk that the next war will be fought with radium."

"What? You in training, I've faced some terrible programs."

However the horse didn't leave the road and roll over three times when a bee got in the buggy says the Brandon Sun.

Day-old chicks are being imported into St. Lucia, British West Indies, from Florida via the Pan-American Airways.

League Issues Warning

Countries Must Abandon System Of Closed National Economies

"There seem to be real signs the depression is gradually lifting," reads a cheering report presented to the League of Nations committee on economic and financial questions. "In industrial countries," said the report, "production is increasing and unemployment is diminishing, while in the aggregate the exports of countries whose economy is mainly devoted to agriculture and mining are gradually improved."

"At the same time visible stocks of the great majority of raw materials and foodstuffs about which information is available would appear to be declining."

But the report adds warningly, "The point has again been made with in the League of Nations that there can be no lasting improvement of the economic situation unless the different countries are prepared to abandon the system of closed national economies which are tending today to become general, and which threaten to stifle international trade."

The report was presented by August Schmidt, Estonian Minister to Rome.

Tuberculosis Runs In Cycles

During Each 200 Years Virulence Varies States Doctor

Tuberculosis runs in cycles of 200 years, during which time its virulence varies from weak to strong. Dr. Kendall Emerson, managing director of the National Tuberculosis Association, said at Kansas City. This gradual growth in the intensity of the disease through a long period of time is similar to the ebb and flow of epidemics of influenza which occur every 18 or 20 years, he told the southwest clinic. Since 1850, he said, the tuberculosis cycle has been on the down grade. But the coming 100 years will show a gradual upturn in intensity.

Ducks Moving East

Duck hunters of the prairie provinces may be out of luck within a few years. This year more grey mallard ducks have appeared at Sault Ste. Marie, Ont., than ever before. The birds have come from the north in large numbers, and it is said the "greys" have changed their migration right from the prairies to this section of the country.

W. Evans, oldest "telegraph boy" of Newcastle Emlyn, Wales, has celebrated his sixtieth birthday.

BABY
is happy when he's healthy. Scott's Emulsion of Cod Liver Oil promotes health and prevents rickets.

SCOTT'S EMULSION
RICH IN VITAMINS

Improves cooking

CANAPAR
Retains natural flavor of meats, vegetables and fish and no odor, escape, or waste.

COOKERY PARCHEMENT
Appelford PAPER PRODUCTS
HAMILTON, ONTARIO

ZIG-ZAG
CIGARETTE PAPERS
LARGE FLAT BOOK
5¢

DON'T SUFFER PILES

Use the only medicine that gives instant relief. 100% INTERNAL USE.

MECCA PILE REMEDIES

The BIRTH CONTROL

SOCIETY OF HAMILTON, 42 WALTON ST. E.
will mail the pamphlet outlining its work and aims from a social, political, economic and religious aspect, on receipt of 25c stamps.

Longest Lived Reptile

200 to 300 years of active life is credited to the Giant Land Tortoise of the Galapagos. A gigantic Salamander in Tokyo is believed to be 500 years old. These creatures, according to ancient superstition, made their home in the fire.



EVEREADY

LONGEST LIVED RADIO BATTERIES

You save money on lower upkeep cost by using Eveready Long-Lived Radio Batteries. Eveready Layerbilt Batteries are packed with power—layer on layer of active material without waste space. Eveready Air-Cell "A" Batteries have made possible a Radio for unwired homes which operates just like an electric set. No more recharging. Ask your dealer before you buy a new set. Available in your favorite make.



CANADIAN NATIONAL CARBON CO. LTD.
Calgary Vancouver TORONTO Montreal Winnipeg
Owning and operating Radio Station CKWC, Toronto

Progress Has Been Slow

Television Has Lagged Behind Development Of Sound Transmission

Chevalier Guglielmo Marconi, back in New York, revealed that his new micro-waves are expected to give substantial impetus to television. At the same time he stated that he was more interested in the conveyance of sound than images.

Some great scientific minds have been working on the problems of television, but very little progress has been made. Television has lagged behind compared with the rapid development of sound transmission, which can hardly be improved on. Radio men say sound has reached perfection. At the same time radio listeners are really anxious to become radio viewers. Marconi as radio is, the public seeks a new thrill.

It will come some day. But will the public like it when they get it? It would be great to see the world's series baseball, the Derby, or a big parade, but so far as having to see the croonies and croakers of radio as well as listening to them—well, that might be just too bad!—St. Thomas Times-Journal.

An Interesting Discovery

Glasgow Youth Finds Carving Belonging To Stone Age

Carved at least 20,000 years ago a stone duck has been found on the shores of Loch Awe, Scotland, by a Glasgow youth. While he was building a cairn he saw a beautifully shaped little stone, which he decided would make an ideal crown for his handiwork. To his surprise he found it fastened to something buried below the surface, and when he dug it all up he found a carving of a duck in a sitting posture. Ludovic Mann, an expert in prehistoric relics, believes the carving was carefully shaped by a lapidary of very ancient times—probably of the paleolithic age. In all its measurable dimensions—seven—the stone fitted unerringly the prehistoric measure, proving it to be a veritable "artifact" of early times.

A Rare Painting

Portrait Of King Henry Eighth Found Under Peculiar Circumstances

Removal of four coats of paint from a portrait of King Henry VIII, has revealed what is claimed to be a masterpiece from the brush of the great Hans Holbein, the "Merry Monarch's" court painter. The portrait, apparently dated 1542, shows the corpulent ruler distinctly gayer than any picture extant.

The painting belongs to Geoffrey Howard, of Castle Howard, near York, and is a half-length portrait of the oft-married king who ruled England from 1509 to 1547.

Gentleman (who is visiting, to little boy of the house): "And why won't you let me take you on the river in a little boat?"

Little Boy: "Oh, please, Mr. Tubbs, because I heard pa say that you can hardly keep your head above water, and—and I can't swim."

An answer editor is asked whether bagpipes can be tuned. They may, we suppose, but it is cruel to step on a cat.

Ends a Cold SOONER

by STIMULATION and INHALATION
VICKS VapoRub

PROVED BY 2 GENERATIONS

Search For Rare Flowers

Flowers are being sought in the Himalayas for the Royal gardens in England, rare poppies and lilies having been found at 10,000 feet altitude, and others are being searched for in Bhutan at 15,000 feet.

Gas In The Stomach

Gas in the stomach, brining, sour water brash, pain after eating, etc., can be overcome within three minutes if you will take a little Bismarated Magnesia in water after you eat. The ordinary Bismarated Magnesia which you can get at any drug store will correct acid stomach and stop acid indigestion immediately. Try it and see.

It's o.k. to sleep like a log so long as you don't sleep like one that's being sawn.

Austria's wheat and rye acreage is greater than last year.

OLD PEOPLE FEEL YOUNG

Just because more years than you care to count have fled by on your life's calendar is no reason for feeling old. Age, after all, isn't a matter of years. It is a matter of health. Stay vigorous and you stay young. But how, you ask. Do it the way thousands of people of advancing years do. Take Wincarnis regularly. Wincarnis is a delicious wine, free from drugs, that brings you all the valuable elements of grapes combined with the highest grade beef and guaranteed malt extract. Its invigorating effect is almost magical—yet perfectly natural.

These valuable elements in Wincarnis give your aging system exactly the stimulating nourishment it requires. They soothe your nerves, enrich your blood, and flood your whole body with almost youthful buoyancy and vigor. More than 20,000 medical men have heartily endorsed Wincarnis. It is a great tonic. It will make you feel young again by creating for you new stores of strength and energy. Get Wincarnis from your druggist—Sole Agents: Harold F. Ritchie & Co. Ltd., Toronto.

W. N. U. 1017

Any Looseness of the Bowels Is Always Dangerous



When the bowels become loose and diarrhoea, dysentery, summer complaint and other bowel troubles set in, immediate attention should be given and the discharges checked before they become serious.

To check these unusual discharges there is a remedy in Dr. Fowler's Extract of Wild Strawberry, a remedy that has been on the market for the past 85 years. It is rapid, reliable and effective in its action. A few doses generally all that is required to give relief.

Get it at your drug or general store; put up only by The T. Millburn Co., Limited, Toronto, Ont.

headaches?
Act at once!
Is your system
poisoned by inner
sluggishness?
You need Eno's
every morning.

TAKE ENO'S FRUIT SALT

Ca 12-13

OCCASIONAL WIFE

by EDNA ROBB WEBSTER

Author of "Joretta," "Lipstick Girl" Etc.

SYNOPSIS

Camilla Hoyt, young and beautiful commercial artist, and Peter Anson, a struggling sculptor, meet in an art class and fall in love. She is the adopted daughter of a wealthy family, but she is not to share in their fortune when she comes of age. They are faced with the problem of "marriage or career" and Camilla does not want to tie Peter down when he has so much promise as a sculptor. At an art school dance, Gus Matson, Peter's roommate, who is jealous of Peter's success, takes Camilla out on the lawn to tell her "something she should know about Peter." Gus tells Camilla Peter is a cheat, that he only wants her money, and that he, Gus, loves her himself. At that moment Peter appears on the scene and knocks Gus flat. On the way home from the party Camilla tells Peter they are going to do something about their problem.

(Now Go On With The Story)

CHAPTER XIV.

"We are going to be married, soon, Peter, darling," Camilla told him.

"Why—why, honey, we shouldn't dare to!" incredulous.

"Afraid, Peter?"

"For myself? No, of course not."

"For whom?"

"Why—for you! I couldn't take care of you."

"I shouldn't let you. I'll take care of myself—until you succeed."

"I couldn't let you do that," he protested with finality.

"Why couldn't you, Peter? I'll have to do that, anyway, whether I am your wife or not. Why can't I be your wife, too?"

"My wife!" he repeated, with awe.

"You would—take that chance, dear, before I have proved to you that I can do anything worth while?"

"I'd take bigger chances than that to have you and your love. Why not? Where is the risk?"

"Well—suppose I failed, after all? Suppose I never really amount to much?"

HOME FOR Christmas

WHY not go home for Christmas? . . . Perhaps you haven't been there for years. Restful cabins . . . comfortable public rooms . . . marvellous meals . . . and the perfect Cunard Personal Service await you in whichever class you travel on these popular ships.

SPECIAL CHRISTMAS SAILINGS

from MONTREAL on Nov. 24—R.M.S. "AURANIA" to Plymouth, Harve, London.

Nov. 27—R.M.S. "ATLANTIA" to Belfast, Liverpool, Glasgow.

from HALIFAX on Dec. 9—R.M.S. "AURANIA" to Belfast, Liverpool, Glasgow.

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Dec. 15—R.M.S. "LEITANIA" to Belfast, Liverpool, Glasgow.

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Low Round-Trip Fares

Cabin Class . . . from \$26.00

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CUNARD

ANCHOR-DONALDSON

W. N. U. 2017

"You would still be you," gently.

"Yes, I suppose so."

"Well, Peter, it's you I love and want. Nothing else makes a lot of difference to me, except that I want for you everything that you want to be, for your sake as much as mine."

"Sweetheart!" he gave her a double demonstration of his appreciation. "What a girl!" he exclaimed and laughed tremulously. She clung to him, weak with emotion and reluctant to lose the sweet ecstasy with which it filled her. She was part of the night, its beauty and silence and fragrance, there in his arms with his lips upon hers.

"Don't let me go!" she whispered.

"I wish I needn't—ever!" vehemently.

"Then why don't you want to marry me soon?"

"Want to? If I only dared!"

"Then you shall. And it won't make a bit of difference to either of us, financially. We shall live just as we had planned before we met."

"But I can't even provide you a decent place to live," helplessly.

"You won't need to. I just told you that we'll live exactly as we had planned before, except that we shall belong to each other."

"You mean—not even live together?"

"That would be fatal to your work, Peter, and the last thing we should think of doing. I shouldn't consider living with you until you are established. You must not think of taking on the responsibilities of a home until then. But that need not keep us from finding a little happiness."

"That isn't the way it should be," he objected.

"You are so stubborn, darling," she sighed. "Not the way it should be, but better than nothing, isn't it? Better than waiting for years—and years..."

"You almost convince me," he drew her close again, eagerly. "Are you sure you wouldn't regret it? I can't tell you how much it would mean to me!"

"You needn't, because I know. But I'll marry you, Peter, only on my terms—that you are to assume no responsibilities whatever, and that we shall live apart until you can afford to take care of me. It is your work I am thinking of, Peter."

"More than of me?"

"Of course not. After us. But it means everything to us, doesn't it?"

"That's right."

"Suppose we had to wait five years—ten to have each other—for love—"

"With one long embrace, she gave him her first voluntary kiss before she continued, "just because of a few stupid dollars that we should need, to live together in the regular way that convention follows."

"I know, I suppose it would be impossible, anyway," he admitted. "We are not children. You are almost twenty-one and I am twenty-five, Camilla. We should know what we want to do. But if you insist upon taking care of yourself, why not combine like other fifty-fifty marriages?"

"Too many of those fail, Peter. No, if we marry, our problem requires an individual solution. When a girl tries to be a business woman, a wife and a housekeeper, she almost always fails in one of the three, and that one is usually in being a wife. It would be even worse for a man like you."

"In the first place, you would work alone and have more time to brood over trifles. You are sensitive and would feel your irresponsibility more than the average man. If we lived together, your studio would have to be our home. When I rushed off to my office-hour job and neglected anything, you would feel that you should do the work because your work tied you to no definite hours. More and more, you would become the mat at home wearing the apron and feeling sorry for your tired working wife. No, Peter, it never would do for us to live together until you have made good."

"How can you be in love and yet so practical?" wondered with tender amusement.

"That's not being as practical as it sounds," she laughed softly. "Most of all, I want to keep the romance of our marriage. Peter. We can just go on being lovers—having the excitement and expectation of seeing each other after days of separation. Our holidays—they will be, such happy holidays when we are together for a little while. And those hours together will be so much more precious to us housekeeping problems and worries. We shall meet and part as strange lovers. Won't that be much more romantic?"

"But the parting?" he objected.

"You're not a bit like Romeo, are you? You know he said that parting is such sweet pleasure."

"What did he know about it? He wasn't they are not crowded with never parted from you."

She laughed happily and they kissed again. Presently, she said slowly,

Pay Less for a Better Smoke

TURRET

10¢ PKG.

OGDEN LIVERPOOL

Fine Cut CIGARETTE TOBACCO

Imperial Tobacco Company of Canada, Ltd.

"There's another thing about our waiting for years and years to marry. Do you remember what you said that first night we talked together, about wanting a time so intensely and so long that finally when you could have it, you didn't want it?"

"Why, Camilla, you don't mean that we could change our minds ever, about wanting each other?"

"It could happen, Peter."

"Oh, sure, even lots of people who marry, change their minds about each other afterward. But not us."

"But that isn't what I mean, dear. I don't think we ever could do that. If we have each other and share everything as we go along, we shall develop together then. But if we have to live on hope alone and go our separate ways, we may drift apart in our interests—well, and find that we are not what each other wanted. There's a phrase running in my mind that someone wrote, 'The sickening pang of hope deferred.' Doesn't that sound ominous?"

"Whatever it is, we are going to take no chances with it," Peter declared.

"But, say," she held him off suddenly. "I'm doing all the arguing about this. It sounds as if I were trying to make you marry me against your will."

"Darling, you know that isn't true. You are only convincing me that you are willing to take a bigger chance with me than I have any right to ask of you. Yet I am selfish enough to ask you. Even though I love you better than anything in life," he told her tenderly.

"Because you love me better than anything in life," she corrected him.

(To Be Continued.)

Form Old Machinery Trust

English Company Trying To Protect Lancashire Textile Mills

To stave off competition from abroad a trust has been formed in England to buy up machinery from mills that have had to close down temporarily. The purpose is to prevent the machinery from getting into the hands of brokers and being sold for absurdly small sums to foreign manufacturers who would find it so much the easier to compete with the textile mills of Lancashire. One case is cited of nearly new machines sold in Japan for one-tenth of their original cost.

END PAIN—Soothe SORE HANDS

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25 feet of white or coloured paper for kitchen use—covering shelves, lining drawers, etc.

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HAMILTON, ONTARIO

Great Britain Imports Butter From Australia

Demand Has Necessitated Great Increase In Number Of Cattle

Owing to the fact that there are three million head of dairy cattle in Australia against a population of seven million human beings practically all the butter derived from the milk of these animals is exported to England. Even so the demand for high-grade Australian butter in Great Britain has necessitated an increase in the number of cattle by 17,000 in the past two years. Australian proportion of dairy cattle to the population is the highest in the world, the comparative figures for Britain being 2,000,000 cattle and 47 million people.

"NOW I FEEL FULL OF PEP"

After taking Lydia E. Pinkham's Vegetable Compound

That's what hundreds of women say. It stimulates the nerves... makes you eat better... sleep better... relieves periodic headache and backache... makes trying days endurable.

If you are not as well as you want to be, give this medicine a chance to help you. Get a bottle from your druggist today.

Wales Wants Canadian Cattle

Fortnightly Service Of Cargoes To Cardiff Is Advocated

A determined attempt is being made to revive Cardiff's import trade in Canadian cattle and to secure a regular fortnightly service of cargoes into the port.

During June a consignment of 540 beasts from Ontario and Saskatchewan arrived, and most of them were sold by private treaty. Donald Munro of Montreal, who handled the business, said the Caelist was the only unit to deal with this traffic and act as a distributing centre not only for South Wales, but also for the Midlands and the south and west of England.

At present the only extensive imports of cattle from Canada are those into Glasgow and Birkenhead. If the new venture succeeds, the ships bringing the cattle will be loaded with South Wales products for the Canadian market.

Describes New Discovery

Oil Is Almost Pure Vitamin "A"

States Its Maker

A new, pale yellow oil, 9,200 times more potent than ordinary cod liver oil, was described to the Ohio-Michigan section of the Chemical Society. The oil is almost pure vitamin "A," said its maker, Prof. Harry N. Holmes, of Oberlin University. It represents America's stake in an international scientific race to be first with isolation of vitamin "A," the disease-resistance builder.

At the university of Zurich, Dr. Karrer has produced a similar oil 10,000 times as powerful as cod liver oil; while three Englishmen have reached Vitamin "A" concentrations in similar oils 6,500 times and 800 times stronger than the fish oil.

Professor Holmes gets his near-vitamin "A" from halibut liver oil.

"A really good poker player can make a lot of money apart from his ordinary work," we are told. This is the first time we knew that a really good poker player needed to have any ordinary work.

More Turret Fine Cut for the same money —and Poker Hands, too!

Now we give every man who "rolls his own" more Turret Fine Cut for the same old price! On this new deal you'll get still more cigarettes from every package of Turret Fine Cut—you'll actually save money by purchasing this cool and fragrant cigarette tobacco and buying your own cigarette papers.

Remember, too—you can get 5 large booklets of "Vogue" or "Chanticleer" cigarette papers free in exchange for one complete set of Poker Hands.

It pays to "Roll Your Own" with **TURRET FINE CUT** CIGARETTE TOBACCO

SAVE THE POKER HANDS

Little Helps For This Week

"God, even our Father, who has loved us and given us everlasting consolation and good hope through grace, comfort your hearts and establish you in every good word and work." — 2 Thessalonians 2:16, 17.

When sorrow all our heart would ask, We need not shun our daily task, And hide ourselves for calm; The herbs we seek to heal our woe Familiar by our pathway grow, Our common air is balm.

—J. Keble.

When we turn away from some duty or some fellow creature saying our hearts are too sick and sore with some great yearning of our own, we may sever the line on which a divine message was coming to us. We shut out the man, and we shut out the angel who had sent him on to open the door. There is a plan working in our lives, and if we keep our hearts quiet and our eyes open if all works together; and if we do not it all fights together and keeps on fighting till it comes right somehow, somewhere.

—Annie Keary.

Girl to Woman

Mrs. G. F. Pease of 45 Cambridge St., Galt, Ont., says: "When I was a girl developing, I was quite anemic, nervous, run-down and weak. I used Dr. Pierce's Favorite Prescription. This medicine built me up, strengthened my system, drove away that nervous, tired condition and I develop myself with less difficulty."

Write to Dr. Pierce's Clinic, Buffalo, N. Y., for free medical advice.

The King and Queen, who have so many tastes in common, do not share the same views about long train journeys. Her Majesty is said to dislike travelling by night, while the King considers it waste of time to travel in the daytime.

Quick Relief Now From Neuralgia

1 JACK, I'M TO SEE CLARK ABOUT THAT BIG ORDER IN 40 MINUTES AND I HAVE TERRIFIC NEURITIS. WHAT CAN I DO?

2 LATER, JACK, I GOT THE ORDER! YES, I FELT IT AS A FIDDLE.... YOU BET, I'LL ALWAYS GET ASPIRIN WHEN I WANT QUICK RELIEF FROM PAIN.

Real ASPIRIN Starts Taking Hold in Few Minutes

Now comes amazingly quick relief from headaches, rheumatism, neuritis, neuralgia... the fastest safe relief, it is said, yet discovered.

Those results are due to a scientific discovery by which an Aspirin Tablet begins to dissolve, or disintegrate, in the amazing space of two seconds after touching moisture. And hence to start "taking hold" of pain a few minutes after taking.

The illustration of the glass, here, tells the story. An Aspirin Tablet starts to disintegrate almost instantly you swallow it. And this is ready to go to work almost instantly.

When you buy, though, be on guard against substitutes. To be sure you get ASPIRIN's quick relief, be sure the name Bayer in the form of a cross is on every tablet of Aspirin.

WHY ASPIRIN WORKS SO FAST

Drop an Aspirin Tablet in a glass of water. Note that BUBBLES it touches bottom. What it does in this glass it does in your stomach. Hence its fast action.

MADE IN CANADA

Does Not Harm the Heart

Mail Stolen From Liner

Three Registered Sacks Disappeared Between New York And Plymouth

Three sacks of registered mail, said to contain several thousand dollars worth of negotiable bonds and other securities, were stolen while the new United States liner "Manhattan" was on high seas federal authorities admitted. The loss was discovered when the Manhattan, which left New York September 13, arrived at Plymouth, England, on September 18. The missing sacks were part of a shipment of 100 sacks. Those stolen were consigned to England, Holland and Poland.

Are You WEARY?

Do you find it hard to do things some days? Days when body and brain feel oppressed? Incomplete elimination of body wastes is probably the reason. It is most likely the reason you feel weary, nervous, sluggish, and so on. Health value: Eat moderately, sleep sufficiently, and exercise freely. Get Andrew Liver Salt from your druggist. 50c and 90c in tin. For the new, large bottle, See Agents: John A. Huston Co., Ltd., Toronto.

Scottish Troops Abroad

While the Essex Scottish, the Windsor Kitties, were at the Chicago World's Fair one Chicago paper termed them the "Royal Canadian Guard" and the Tribune stated that the colonel had been specially sent from Buckingham Palace to represent King George. It's a wonder that the drum major was not designated as the Prince of Wales.

Little Betty, watching the farmhands spreading out a stock of hay to dry, could contain her curiosity no longer, so she politely asked:

"Is it a needle you're looking for?"

Main Street

Dr. Richardson, of Viking, has taken over the dental practice at Irma of Dr. Murray and will from now on visit Irma every Friday where he will continue to work in the rear of the Drug Store.

Mr. Abel Oldham returned to Mt. Albert, Ontario, after visiting in the West for the past month.

Maynard Allen left with a party on Monday to enjoy the sports of the big game country.

Mr. and Mrs. S. M. New, Mr. Nottingham and Billy Whiteley left on Saturday morning to spend a week in the city.

The Young Peoples' club of Avonlea held a meeting on, Saturday evening with a good attendance.

Mrs. Murray, teacher at Avonlea, took in the convention for teachers at Wainwright, the children enjoying a two-day holiday and the week end.

News of Christmas concerts are beginning to be talked of in the different schools and the pupils are looking forward to it with enthusiasm.

Herbert and Thomas Lewis and little Irene Lambert spent the week in Edmonton having a holiday.

Hallowe'en passed once more. The children all turned out and had a good time without doing any serious damage.

The Roman Catholics of Irma held a very enjoyable party in Kiefer's hall on Hallowe'en.

Mr. and Mrs. R. S. Fitzpatrick motored to Edmonton on Wednesday, November 1st.

Mrs. Horn spent the week end with her sister, Mrs. R. C. McFarland.

Mrs. David Currie and children are visiting at Ardrossan.

William Blade left last Wednesday for a vacation at the coast.

Born—To Mr. and Mrs. F. M. Hill on Thursday, October 31st, a daughter. Congratulations.

Miss Harriet Nash is a patient in the Hardisty hospital after having rather a severe case of appendicitis.

The November meeting of the Irma Ladies' Aid will be held at the Manse on Thursday, November 9th.

Miss Mary Stimson of Wainwright has been visiting the Peterson families in the Irma district.

Mr. Frank Peterson recently shipped twenty of his own variety of lilies to one of the greatest lily growers in England.

In 1934 Mr. Peterson plans to plant four acres of his land to strawberries which, if successful, will be a great boost for him in particular and the Irma district in general.

Mr. and Mrs. I. T. Skiles left by car for the sunny south and expect to spend the winter in California.

Mr. Chas. Wilbraham, D.D.M., accompanied by Mr. O. S. Martin, D.G.M., I.O.O.F., and their members paid an official visit to Chauvin lodge on October 25th.

Mr. H. E. Spencer, M.P. for Battle River, will speak on Dominion affairs in the Glenholm school house, on November 9th, at 8 p.m.

Mr. John Ostad arrived home Sunday evening, October 29th, from Weyburn Sask. after spending a week on the road making Lizzie plow through snow and bumps over the prairies and plowed fields.

Mrs. Stanley Brown, accompanied by her brother, arrived here Saturday evening by car from Winnipeg after an arduous trip through the snow. Mr. and Mrs. Brown have rented Mr. Skiles' cottage during the absence of Mr. and Mrs. Skiles in California.

The Irma I.O.O.F. held an informal party in the lodge room on Tuesday evening, October 31st. Miss Mary Thurston captured the ladies' first prize at whilst Mrs. C. C. Pyle was awarded the consolation.

Mr. Julius Stougard was successful in winning the gent's first prize, the gent's consolation going to Mr. W. Lawson. Dr. C. Greenberg very ably filled the position of master of ceremonies.

The bazaar and supper under the auspices of the Ladies' Aid held in the church was a decided success, a real nice line of fancy work, aprons,

novelties, etc., were on sale and went very rapidly. Lots of eats and eaters turned up for supper and everyone had an enjoyable time. The nice sum of something over \$52.00 was realized, thanks to all those who helped in the various ways.

A surprise party and shower were given in honor of Mr. and Mrs. Melvin Peterson on Friday last. A large number of friends gathered at the home of Mr. Howard Peterson and enjoyed an evening of games and music. Before leaving the guests presented the young couple with some lovely gifts and left, wishing them a pleasant journey. Mr. and Mrs. Peterson left by car on Monday for California where Mr. Peterson hopes to improve his health. The Times joins with their host of friends in wishing them a safe journey and speedy recovery of health for Mr. Peterson.

Specials at Irma Trading Co. from Nov. 4th to 11th

Watch for posters telling of the extraordinary specials in Groceries, apples, Canned Goods, Men's Wear, Radio Batteries, and many other timely and staple articles. The prices hold good from November 4th to November 11th at the Irma Trading Co's store. See the posters and you'll see the wisdom of attending the special sale.

CARD OF THANKS

We desire to express our sincere thanks to all those, and more particularly to Messrs. E. H. Simons and Jack Fletcher, who so kindly assisted us and extended their sympathy in our sad bereavement.

THE FLUVOG FAMILY.

WEST-GREENWOOD

On October 26th, Mr. Arthur R. West and Miss Mary E. Greenwood, both of Kinsella, were united in marriage at the Manse, Irma, by Rev. J. R. Geeson.

Viking Items

Leonard Loades was a week-end business visitor to Edmonton but saw to it to be home in time for the big Hallowe'en dance last Friday evening.

Charlie Sutter took in the boxing program at Innisfree last Saturday evening. Says he can still hear the report of Walsh's "6000-type" lefts and rights.

Subscribers report wild ducks going south in thousands on Monday, many selecting the Torlea flats in an effort to get feed to help them on the annual migration to southern points.

Wheat struck a low low on Tuesday. In fact it couldn't have gone lower, because it was on the ground. The bottom had dropped out of a truck at Darrah's corner.

Curly Kid, through the News office, issues a general invitation to boxing fans to enjoy his bill at Irma this Friday evening, November 3rd.

J. N. C. Burns, S.S.B. representative, with headquarters at Camrose, was a business visitor to Viking last Friday.

Albert Chedd, who about ten years ago, was employed as clerk in the Wittmann Toggery, motored from the coast and has been guest of friends in this and the Bruce district for a few days.

Wear a Poppy on Armistice Day. Sale under auspices Viking Canadian Legion.

G. W. Campbell, of Edmonton, was a visitor at the home of his daughter, Mrs. J. Goodwin over the week end.

Mrs. G. C. Haworth and little son Don returned on Tuesday evening from a visit with relatives and friends at Berkeley, California.

The next meeting of the Viking Elks' lodge will be held on Wednesday evening November 8, at 8 o'clock prompt. Members please note the date.

Remember, November 11th—Red Poppy Day

The local branch of the Canadian Legion have made arrangements for supplies of poppies. The poppies are made by disabled V. Veterans and the proceeds of the sales are set aside for the purpose only of assisting distressing cases.

Let no one be without a poppy on Armistice Day.

Mrs. Nagg (with magazine): "It says here that a South Sea Island wife isn't supposed to talk until her husband speaks first."

Nagg: "I'll bet some of those husbands are fools enough to do it."

"You say you saw a lot of her this summer?"

"Yes, I met her a number of times at the bathing beach."

Canadian Pacific

WINTER EXCURSION FARES STILL LOWER

Go this Winter, when fares are much lower and the return privileges longer, on tickets to Pacific Coast, Old Country, Eastern Canada and Central States points. Fine all-steel trains—real travel Comfort and Service.

Fares, Train Schedules and full information from Agent

Canadian Pacific

Limit 3 months
Dec. 1 to Jan. 5

Limit 3 months
Dec. 1 to Jan. 5

Health Service
OF THE
Canadian Medical Association
GRANT FLEMING, M.D., — ASSOCIATE SECRETARY

Balanced

In these days of universal economic stress, we hear a great deal about balanced budgets, and most of us have had personal experience in the difficult task of establishing a balance between income and expenditure. There are also other forms of balance which are important to us. We balance our bodies when we stand and walk, even though we may not attain the degree of dexterity of a tight-rope walker. We should balance our diet, because balanced meals make for physical health, just as balanced budgets make for economic strength.

You should belong to that group of people who are neither too careless nor too careful about their diet or other things in life. Just as the spendthrift and the miser are undesirable because they have carried the habits of spending and thrift to extremes, so the gourmand and the food fadist have distorted the normal healthy appetite and have endangered their health in so doing.

Too many people talk of calories, vitamins and minerals without knowing what these words mean. You should either learn what they mean, or else not use them to mystify yourself and your neighbor. More important is it for you to learn how to apply what is known so that you may enjoy a full measure of health.

There is nothing mysterious about the balanced diet. It is called "balanced" because it provides all those elements which the body must secure from foods in order to maintain its health and strength. You can do this without giving thought to cal-

ories, vitamins or minerals provided you make sure that each day you include in your diet milk and milk products, green vegetables and fresh fruits, in addition to meat, fish and eggs, potatoes and cereals.

We stress the milk, green vegetables and fresh fruits because these are the protective foods which balance the diet, and because they are the foods which are most often left out of the diet. There is nothing wrong with meat, potatoes, bread and tea, but used without the protective foods, they do not make up a balanced diet. Make sure that you use milk, green vegetables and fresh fruits every day and so have a balanced diet, because that makes the intake equal the output and the balance is health.

Questions concerning health, addressed to the Canadian Medical Association, 184 College Street, Toronto, will be answered personally by

E. W. Beatty, K.C., Says Farm Management Must Be Improved Generally

WINNIPEG.—Study of existing farm management operations in the Winnipeg and Portage la Prairie sections of Manitoba has convinced E. W. Beatty, K.C., president of the Canadian Pacific railway, that a plan of supervision of that nature is essential to the improvement of farm practices generally and is a necessary incident to any federal immigration scheme of which that question is again considered by the Dominion authorities.

Mr. Beatty secured first-hand knowledge of conditions in the area mentioned this week when he covered the country immediately west of Winnipeg by automobile, accompanied by T. O. F. Herzer, manager of the Colonization Finance Corporation; D. C. Coleman, vice-president, western lines of the Canadian Pacific; James A. Richardson, a director of the company, and other railway and colonization officials.

"I had the advantage," Mr. Beatty said after his trip, of spending a whole day on farms in the Winnipeg and Portage area under the management plan of the Colonization Finance Corporation and the Canada Colonization Association, and this visit and the discussions with the farmers, managers, as well as with the railway and colonization officials, have given me a little keener appreciation of the value of the work being done.

It has been said and I am afraid there is some justification for it, that in our colonization and settlement policies of former years there has not been sufficient advance planning, which has led to the efforts being of a somewhat haphazard and uncoordinated character. This in turn has probably affected the character of our farm operations and in many cases the lack of supervision has endangered the investment of the farmer or as well as of the companies which have advanced the money to enable the operations to be carried on.

"A study of the work which has been done during the last four years by the Colonization Finance Corporation has convinced me that there is no more important adjunct to farming operations in the prairie provinces than the establishment of efficient supervisory forces which will co-operate with the farmers in improving farm practices and in correcting errors in farm management which have developed.

"If and when the question of immigration is again considered by the Federal authorities," Mr. Beatty concluded, "I am convinced that a plan of supervision is a necessary incident to its success. In the meantime, the work which is being done and which no doubt will be gradually extended, is of the utmost value. An increase in the area under supervision has enabled the cost per acre to be substantially reduced and still further reductions are possible if this area is extended. Farm management for many years to come will, I think, be an important factor in the success of farming operations in Manitoba, Saskatchewan and Alberta."

Johnny Walsh Victorious In Main Go at Innisfree

Innisfree, Oct. 30.—Ability to land with a dynamite-laden left hook and to cash in occasionally with a right cross that was no carcase, either, Johnny Walsh, of Innisfree, knocked out Emil Van Velken of Edmonton, in the fifth round of a scheduled 10-round bout here Saturday night.

Van Velzen, better known as a wrestler than as a boxer, put up a game scrap while he lasted, but after the third round it was evident that Walsh was carrying too much power for him. For the first three rounds, Van gave just about as good as he got, and in the third probably had a slight edge. Shortly after the opening of the fourth, however, Walsh floored his opponent with a savage left hook to the jaw, and for the balance of the round Van Velzen clinched frequently to save himself.

Sensing that he had the Edmontonian on the run, Walsh wasted no time in the fifth. He scored two knock-downs in rapid succession, and when Van Velzen got up wobbling, the Innisfree fighter finished it for the night with jarring right and left punches to the jaw.

There was no lack of action at any stage of the milling. Kap Kaplansky, of Edmonton, refereed.

Two smart youngsters, Doug and Don Adams, twin brothers, battled like a pair of bantam roosters to a draw, while another Adams boy lost a close decision to Ruby Bob Ryser after three sparkling rounds.

Young Kravetz got the nod over Bill Saramaka in another three rounder, while Young Gordon, a recent arrival from the old land, was far out in front of Frank Ruzyski at the end of their bout.

Living up to the name of "Battling" Butler, LaRose disposed of George Ryser in a couple of rounds.

In a four round semi-final, "Dynamite" Joe Caldwell blasted "Windmill" Bill Atkins out of the picture in two rounds.

Torhy Peden is one of the greatest cyclists ever known. Last week he competed in a six-day contest in Toronto. Hopping in an aeroplane he flew to Chicago where another similar contest is on the week. Covering some 400 miles every day is something to think about. When you do that in your auto, you feel tired. It will take you to Calgary and nearly home again. On a bicycle 2400 miles in one week is a real feat. Peden is a marvel.

The reports from the "ringside" of the Grads-Red Devils' games tell us that Percy Page has developed a fighting machine equal to anything in the history of basketball. Wilson and his girls from Chicago are good sports and take their defeat in time after time with smiles and congratulations. The apparent ease with which the Grads walk through this skilled opposition makes us wonder what really happened at the memorable contest with the Oklahoma girls. Did that referee really steal the victory.

TO WHOM IT MAY CONCERN: I hereby publicly apologize for having made statements reflecting on the chastity and good character of Miss Agnes Horinek.

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